CLOTHING & EQUIPMENT LIST - Full Week Sessions

Camp is rough on clothes and gear. Items that are older and less expensive are recommended. Please send a STURDY WATER BOTTLE with your camper.

To avoid injuries to feet and ankles, we ask everyone to wear sturdy shoes with **closed-toes** at all times. This also makes walking and hiking safer and more enjoyable.

PLEASE LEAVE SANDALS. WEDGE/PLATFORM & FLIMSY SHOES AT HOME!! FLIP FLOPS may be worn as shower shoes only. CROCS may only be worn at designated times.

Clothing should be appropriate for a church camp - modest in fit and without hurtful words or messages (for example: nothing violent, racist, sexist, negative, or that promotes drugs, alcohol or sexual behavior).

CLOTHING - in addition to what camper wears to camp

JUNE 18-23: add 1 additional white prewashed t-shirt for tie-dying or painting

2 swimsuits (modest one-pieces or tankinis) 1 pair of jeans for horseback riding

2nd pair of sturdy, lightweight shoes for walking and hiking 1 pair of lightweight long pants* 6-7 pairs of shorts 1 pair of tennis shoes or mud boots that can get wet** 1 long sleeved shirt (not sandals, flip flops, thin water shoes or crocs)

7-8 t-shirts 1 sweatshirt or light sweater 6-7 sets of underwear 1 rain jacket or poncho

2 pairs of light-weight pajamas 7-8 pairs of socks (2 taller pairs for riding)

*Long pants are recommended for some activities. **Boots or tennis shoes that can get wet are for a creek walk. **NOTE:** Clothes often get dirty or wet, so extras are needed. Please pack at least the number of items indicated.

BEDDING

 sleeping bag – good padding, even if the camper just sleeps on top pillow and pillow case (Sleeping bags should be rolled tightly and secured with a sturdy tie or belt. Stuff bags also work well!)

• fitted twin sheet

• flat sheet - for cover on warm nights & protection from mosquitoes

ALSO NEEDED

dirty clothes bag (LABEL IT!) water bottle comb or brush necessary medications 2 bath towels & 2 wash clothes draw-string or small backpack (in original container) sunscreen and lip balm 2 beach towels a hat to keep the sun & bugs off your head

sun glasses

wash kit (toothpaste/brush, soap, shampoo, deodorant...) shower/bathroom shoes repellent for insects & ticks - NO AEROSOL CANS PLEASE - lotion, wipes or pump spray are acceptable

OPTIONAL

pencil/pen, paper, stamped envelopes camera

flashlight & extra batteries musical instrument - guitar, banjo, ukulele, recorder, etc.

fishing pole & tackle

DO NOT BRING:

- → valuable or breakable items
 → aerosol products of any kind
 → electronic devices of any kind
- ⇒ cell or smart phones ⇒ iPods, MP3 players, tablets, electronic hand-held games, etc.
- ⇒ radios, CD/DVD players ⇒ laser pointers ⇒ sandals, flimsy or wedge/platform shoes ⇒ fireworks → matches or lighters → guns, knives or any type of weapon including utility tools
- ⇒ candy, gum, soda, food items ⇒ tobacco products ⇒ alcoholic beverages ⇒ any illegal substances

LOST & FOUND IS A CONSTANT CONCERN FOR CAMP STAFF. HELP US HELP YOU.

- 1. Label everything, including dirty clothes bags, with the camper's full last name. Even duffel bags and suitcases have a tendency to get scrambled, so they need to be labeled, too.
- 2. Items on the "Do Not Bring" list will be collected and held till the end of the week.
- 3. DuBois Center & the Illinois South Conference are not responsible for lost, stolen or damaged items.
- 4. Every camper will carry, care for and be responsible for his/her own gear.

REV 04.17